

Sailing Instructions

For all ASYC Events excluding Regattas open to non-members

1 Rules

- 1.1 Racing will take place under 'The Racing Rules of Sailing (RRS 2017 – 2020)' the prescriptions of the RYA and the appropriate class rules, these Sailing Instructions and any amendments properly notified.

2 Conditions of Entry

- The responsibility for a boat's decision to participate in a race or to continue racing is hers alone. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor and their responsible adult agrees and acknowledges that:
- They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
 - Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities;
 - The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
 - It is their responsibility to familiarize themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the event and to attend any safety briefing held for this event;
- 2.1 Insurance/liability. The safety of a yacht and her entire management, including insurance against any risks including the responsibility to third parties shall be the sole and inescapable responsibility of the owner / competitor racing the yacht. The establishment of these sailing instructions in no way reduces the complete responsibility of the owner / competitor for his yacht and the management thereof. The race organisers shall not be liable for any loss, damage, death or personal injury howsoever caused to the owner / competitor, his skipper or crew as a result of their taking part in any race. Moreover, every owner / competitor warrants the suitability of his yacht for the race or races and that he holds adequate third party insurance without restriction to a minimum value of £2,000,000 whilst racing.
- 2.2 Measurement Certificates. All yachts must have a valid measurement certificate including sail and buoyancy endorsements as appropriate. The Sailing Sub Committee may request that such certificates are presented prior to allowing any yacht to participate in any race. Under special circumstances the Committee may allow a yacht to race without a valid certificate or unmeasured sails, however, all such yachts may be requested to demonstrate that they have adequate buoyancy prior to being allowed to participate in any race. All sails must be measured as per the appropriate Class rules and carry an appropriate mark or button.
- 2.3 Race Entry. All competitors must sign on with the Officer of the Day (OOD) prior to the commencement of a day's racing to signify their intention to race.
Two or more Helms intending to start a race, in the opinion of the OOD on the day, constitute a race.
Where a competitor opts to sail a different class of boat in a particular series of races it shall be deemed to be another entry for scoring purposes. Exceptions may be made to boats with an option of rigs, where the lower of the PY numbers during the series shall be used for all races.
- 2.4 Adequate personal buoyancy shall be worn by all crew members at all times whilst afloat. Wet suits / dry suits do not constitute adequate personal buoyancy. This alters rule 40.

3 Notice to Competitors

- 3.1 The Official Notice Boards will be located as follows:
Skene: In the club house
Stonehaven: In the entrance to the club house

4 Changes to Sailing Instructions

- 4.1 Any changes to the Sailing Instructions will be posted on the Official Notice Board at least 30 minutes before the advertised start of the race, except that any change to the schedule of races will be posted by 10:00hrs on the day before it will take effect.

5 Signals Made Ashore

- 5.1 Signals made ashore will be displayed at:
Skene: on the flag deck
Stonehaven: entrance to the club house

6 Schedule of Races

- 6.1 Races will be scheduled as per the Skene Sailing Programme 2018 and Stonehaven Sailing Programme 2018 which is posted on the website via DutyMan.

7 Class Flags

- 7.1 All starts will be a single start for the Handicap fleet. No class starts are organised for club racing.

8 Racing Area

- 8.1 Course Areas:
 - Loch of Skene as per figure
 - Stonehaven Bay as per figure
- 8.2 Courses will be displayed on the course board on the Committee Boat
- 8.3 The number of rounds will not be displayed.

9 Marks

- 9.1 Marks that may be used:
 - Skene marks numbered 1 to 8 and S.
 - Stonehaven marks named 1 to 8 and S.
- 9.2 These or other marks may be laid in different positions at the OOD's discretion provided they are adequately described on the Course Board



10 The Start

10.1 Start sequence timing.

- All racing will use the following start sequence (This changes RRS rule 26):

Time	Timer	Action 1	Action 2
3 minutes before start	-3 min	Raise Q Flag (Yellow)	1 sound signal
2 minutes before start	-2 min	Raise P flag (Preparatory Flag; Blue with White square in centre flag)	1 sound signal
1 minute before start	-1 min	Lower P flag	1 sound signal
Start	0	Lower Q Flag	1 sound signal

- Alternatively, the OOD may use a three baton system to indicate the minutes.
- Times shall be taken from visual signals; the absence of a sound signal shall be disregarded.

10.2 The start line will be between the flagpole on the Committee Boat and an outer limit marker 'S'.

10.3 Individual Recalls

- Individual Recalls will be in accordance with RRS 29.1

10.4 General Recalls

- General Recalls will be in accordance with RRS 29.2

11 Finishing

11.1 The Finish Line will be between the flagpole on the Committee Boat and an outer limit marker 'S'.

11.2 Finishing Signals:

- When the first boat is on the last leg, approaching the finish line, raise Flag S and sound 2 signals.

11.5 Partially Completed Races

- If conditions dictate the race committee may, at their discretion, take the results of a race from the times recorded on a previous round.

12 Time Limits

12.1 The time limit will be 1.5 hours. Boats failing to finish within 30 minutes after the first boat finishes or within the time limit whichever is the later will be scored 'Did Not Finish' (DNF). This changes rule 35.

13 Protests

13.1 Protests shall be written on forms available from the Race Officer or the OOD and handed to the OOD within 1 hour after the time the last boat in her race finished (or group of races if they are sailed back-to-back).

14 Scoring

14.1 Handicap Races

- Club handicap races will be sailed to the Portsmouth Yardstick (PY) Handicap system. The 'average lap time' method will be used. Elapsed time should be the time taken to sail the number of laps actually completed by the yacht prior to finishing, except should a yacht have a higher corrected time than one of her competitors with the same or lesser handicap, and have completed a greater number of rounds, then the yacht's final result may be calculated on her elapsed time to complete the same number rounds as completed by her competitors, with the additional round or rounds discarded. The decision to do this shall be that of the OOD, which shall be final.

14.2 Club regattas, Trophy Races and Other Competitions

- The 'Low Points' system shall apply. Points will be awarded for each race as follows:

○	1 st	1
○	2 nd	2
○	3 rd	3

- Each place thereafter Add 1 point. A boat that did not start, retired after finishing or was disqualified shall be scored points equal to one more than the total number of boats entering the series. Ties will be broken by RRS Appendix A7 and A8, as applicable.

14.3 Boats racing out of class, eg double handed boats sailed single handed and without a PYN, may participate in the races but must keep clear of boats 'in class'. They have no rights to protest and they will not be awarded an official race position.