



**ABERDEEN AND STONEHAVEN
YACHT CLUB
OPEN REGATTA
Sailing Instructions
17-18th August 2019**

1. RULES

The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS), the prescriptions of the RYA and the appropriate class rules, except as any of these are changed by these sailing instructions. The event is designated category A as per ISAF Regulation 20.

2. NOTICES TO COMPETITORS

2.1 Notices to competitors. Notices to Competitors will be posted on the official notice board located at the ground floor entrance to the clubhouse.

2.2 Competitors Briefing. There will be a competitors' briefing at 1130hrs on the Saturday in the dinghy park adjacent to the Clubhouse.

3. CHANGES TO SAILING INSTRUCTIONS

Any changes to Sailing Instructions will be posted on the Official Notice Board at least 60 minutes before the advertised starting time of the first race it will affect.

4. SIGNALS MADE ASHORE

To avoid boats going afloat when a race postponement is likely, a status board will be placed at the official notice board which will indicate one of three states:

- **NORMAL** - Races are expected to start as advertised, competitors should go afloat when they consider appropriate.
- **MARGINAL** - A delay is possible; competitors should stay ashore but be ready to go afloat at short notice. The start will not be less than 40 minutes after the Status returns to **NORMAL** as above
- **UNSAILABLE** Racing is likely to be postponed or abandoned, competitors should stay ashore and check the official notice board for revised start times if any

Changes to status will be announced in the clubhouse and signalled by repeated sound signals

5. SCHEDULE OF RACES

5.1 Races are scheduled as follows

Saturday		
Race	Time	Class
Race 1	1300hrs	RS400
	1303hrs	RS200
	1306hrs	Blaze
	1309hrs	D-Zero
	1312hrs	Laser + Laser Radial
	1315hrs	General Handicap
Race 2	ASAP after Race 1	
Race 3	ASAP after Race 2	

Sunday		
Race	Time	Class
Race 4	1100hrs	RS400
	1103hrs	RS200
	1106hrs	Blaze
	1109hrs	D-Zero
	1112hrs	Laser + Laser Radial
	1115hrs	General handicap
Race 5	ASAP after Race 1	
Race 6	ASAP after Race 2	

5.2 All races will be sailed back to back unless Flag signal AP over H is displayed at the finishing Signal. If so all competitors will return ashore for further instructions.

5.3 Generally 3 races will be planned on each day but if existing conditions or forecasted conditions are poor it may be appropriate to sail 4 races on one day, and 2 or less on the other.

5.4 Races 2,3,4,5 and 6 will be started in the same order and with the same interval between class starts as stated for Race 1

5.6 On Sunday, no warning signal for any class will be made after 1500 hrs.

5.7 Classes that have less than 5 entries may be amalgamated into another class and similarly, classes that have more than 5 entries may be given their own class start, subject to application to and permission from the race committee. Any changes to classes will be posted on the official notice board and intimated at the briefing on Saturday morning.

6. CLASS FLAGS

The following class flags will be used.

Class	Flag
RS400	RS400 Class Flag
RS200	Code Flag - V
Blaze	Code Flag - F
D-Zero	Code Flag - C
Laser / Laser Radial	Laser Class Flag
General Handicap	Code Flag - Q

7. RACING AREA

The racing area will be in Stonehaven Bay.

8. COURSES

- 8.1** All classes will be racing in the same course area. The course charts are detailed in Attachment 1.
- 8.2 RS 400, RS 200:** Course 1 - Windward / leeward (External)
- 8.3 Blaze, D-Zero, Laser, Laser Radial, General Handicap:** Course 2, 3 or 4
The course number for each race will be displayed on a board by the Committee Boat prior to and during the race.
- 8.4 Number of Rounds:** For all classes, boats will sail the course shown until the Shorten Course Signal is given (Code flag S with appropriate class flag if required) and will finish the next time they pass through the finish line on the windward leg of the course after the signal is made. When a boat has been lapped by others in her class, she will not be required to sail the same number of laps as the leading boats and will finish as above.

9. MARKS

- 9.1** Marks for Courses 2, 3 & 4 will be large **ORANGE** tetrahedral shaped buoys. Marks for Course 1 will be a large **ORANGE** cylindrical shaped buoys. The outer distance marks (OD) for the Start / finish lines will be orange flagged dhan buoys.
- 9.2** The RS400 and RS200 classes may touch marks 1a and 3a, provided that they do not gain an unfair advantage by doing so. This amends rule 31.

10. AREAS THAT ARE OBSTRUCTION

The following are designated as obstructions:

There are rocks and shallows inshore near Cowie, along the central bay shore and also near the apex of the inner harbour at spring tidal conditions. Fishing nets and lobster pots are laid at random and are to be encountered anywhere within Stonehaven Bay.

11. THE START

11.1 Races will be started as follows. This changes rule 26. Times shall be taken from the visual signals; the failure of a sound signal shall be disregarded.

Time (mins)	Flag	Sound
-3	Warning displayed for 1 st Class	1 Sound Signal
-2	Preparatory displayed	1 Sound Signal
-1	Preparatory removed	1 Sound Signal
0 (Class 1 start)	First Class Flag removed; first class starts Warning displayed for second class	1 Sound Signal
+1	Preparatory displayed	1 Sound Signal
+2	Preparatory removed	1 Sound Signal
+3 (Class 2 start)	Second Class Flag removed; Second class starts Warning displayed for third class	1 Sound Signal
+4	Preparatory displayed	1 Sound Signal
+5	Preparatory removed	1 Sound Signal
+6 (Class 3 start)	Third Class Flag removed; third class starts Warning signal for fourth class	1 Sound Signal
Etc		

11.2 If it is necessary to interrupt the sequence then no flags for the next class will be displayed when the preceding class starts. A new sequence will commence with the warning one minute before the preparatory signal.

11.3 In the event of a general recall, the fleet recalled will have its start postponed until after the last outstanding start. The next start will not normally be interrupted by a general recall.

11.4 The starting line will be between the mast on the Committee boat displaying an ORANGE flag at the starboard end and the orange flagged outer distance mark at the Port end. The starting line will be laid in an area to windward of the leeward mark as shown on the course diagrams. It should be noted that an inner distance mark may be laid off the stern of the committee boat. Any yacht passing between the inner distance mark and the committee boat after her preparatory signal will be disqualified from that race.

11.5 Boats whose warning signal has not been made shall avoid the start area.

11.6 A boat starting later than 5 minutes after her starting signal will be scored "Did Not Start" without a hearing. This alters rules A4 and A5

11.7 In a sequence of back-to-back races attention may be drawn to the fact that a starting sequence is about to begin by a series of short sound signals about 20 seconds prior to the first warning signal.

12. CHANGES TO THE NEXT LEG OF THE COURSE

12.1 To change the next leg of the course the race committee will move the original mark (or the finishing line) to a new position.

12.2 Boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes rule 28.1

13. THE FINISH

The finishing line will be between the mast on the Committee boat displaying an ORANGE flag at the port end and the orange flagged outer distance mark at the starboard end.

14. PENALTY SYSTEM

The two-turn penalty as described in RRS 44.1 and 44.2 shall apply

15. TIME LIMITS

15.1 The time limit for all races will be 90 minutes. Boats failing to finish within 30 minutes of the first boat in her Class will be scored Did Not Finish without a hearing. This alters rule 35, A4 and A5.

15.2. When all yachts in a class are unable to complete the full number of rounds of the full or shortened course within the time limit, then the result of the race may be decided by the finishing order of the yachts as they completed the previous round.

16. PROTESTS & REQUESTS FOR REDRESS

16.1 Boats intending to protest another boat shall inform the committee boat as soon as possible after finishing. This intention must be acknowledged by the committee boat for the protest to be deemed a valid protest. This changes rules 61.1 and 61.3.

16.2 Protests shall be written on forms available at the first floor galley and delivered there within the protest time limit. All protest forms are to be logged and signed for and the time received noted on the log sheet. This alters rule 61.3.

16.3 The protest time limit is 60 minutes after the time of the last boat to finish that race, or when races are sailed consecutively without coming ashore, within 60 minutes of the time of the last boat to finish the last race of the day.

16.4 The time and place of any protest hearing will be posted on the notice board to inform competitors of hearings in which they are parties or named as witnesses.

16.5 Notices of protests by the race committee or protest committee will be posted on the notice board to inform boats under rule 61.1(b).

17. SCORING

17.1 The event will be scored using Appendix A (Low Point System). Six races are scheduled, of which one race shall be completed to constitute a valid series. Each boat's series score will be the total of her race scores with her worst score discarded if 4 or more races have been completed. Tie breaks as per Appendix A.

18. SAFETY REGULATIONS

18.1 Personal Flotation Devices: Rule 40 applies at all times to competitors afloat and the requirement for display of flag Y is deleted. This alters rule 40.

18.2 Trolley Tags and Safety:

18.2.1 All boats will be given a Trolley number at registration together with a trolley tag that must be attached to the boats launching trolley. The tag will be used to identify which boats have launched and at the end of racing have not returned to shore.

18.2.2 A boat that retires from a race shall notify the committee boat or a safety boat as soon as possible and if returning ashore with no intention of sailing in any further races that day

19. REPLACEMENT OF CREW OR EQUIPMENT

Substitution of competitors will not be allowed without prior written approval of the race committee.

20. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. Competitors are entirely responsible for their own safety, whether afloat or ashore, and nothing, whether in the Notice of Race or Sailing Instructions or anywhere else reduces this responsibility. It is for the competitor to decide whether they are fit to sail in the conditions in which they will find themselves. By launching or going to sea, a competitor confirms that their boat is fit for those conditions and they are competent to sail and compete in them. Nothing done by the organizers can reduce the responsibility of the competitors nor will it make the organizers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of the boat taking part in the racing. The organizers encompass everyone helping to run the race and the event and include the organizing authority, the race committee, the race officer, patrol boats and beachmasters. The provision of rescue boats does not relieve competitors of their responsibilities.

21. INSURANCE

Each boat is required to hold adequate insurance and in particular hold insurance against third party claims with a minimum cover of £2,000,000 per event.

21. RACE ENTRY

All competitors must complete an official regatta entry form and pay the appropriate entry fee for their boat.

22. TIDAL INFORMATION

The approximate times (BST) for High & Low water are as below

Saturday		Sunday	
LW	HW	LW	HW
09:33 BST (0.80m)	15:54 BST (4.20m)	10:05 BST (0.81m)	16:25 BST (4.26m)

All Competitors Please Note:

- The turning area at the South end of harbour side road & the top of the slipways must be kept clear at all times.
- When launching or recovering boats, please help others with their boats once yours is clear of the slipway and made safe. As the slipway is used by the RLNI it shall be kept clear at all times.
- Launching Trolleys will need to be retruned to the overnight storage area as Spring tides mean there will be NO beach left at HW for trolley storage.
- Please be courteous to other harbour users and considerate to others when parking your car.
- Please do not dump rubbish in the water; rubbish may be placed aboard rescue and race committee boats.

Attachment 1 – Course Charts

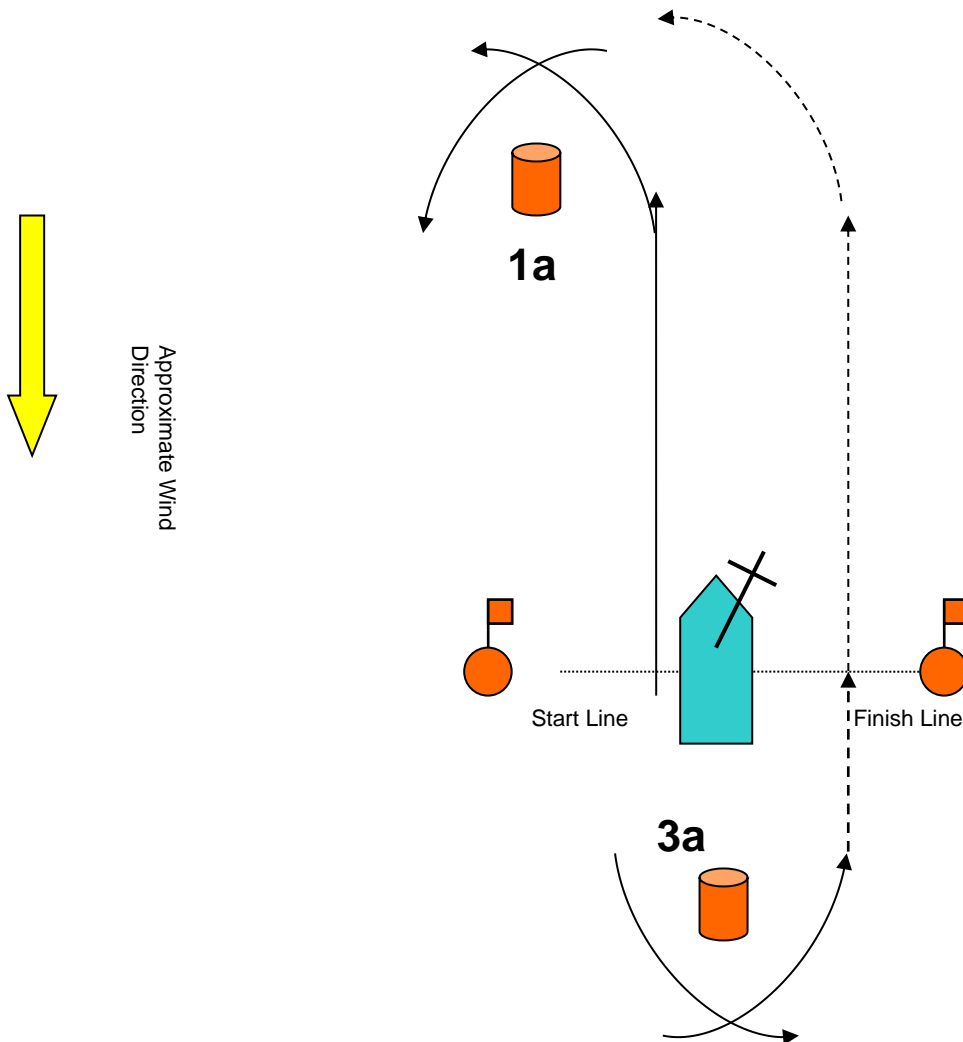
Course No.1 (Asymmetrics)

Windward – Leeward (External Course)

1a – 3a All rounds

All marks to Port

Boats shall pass through the finish line on each windward leg



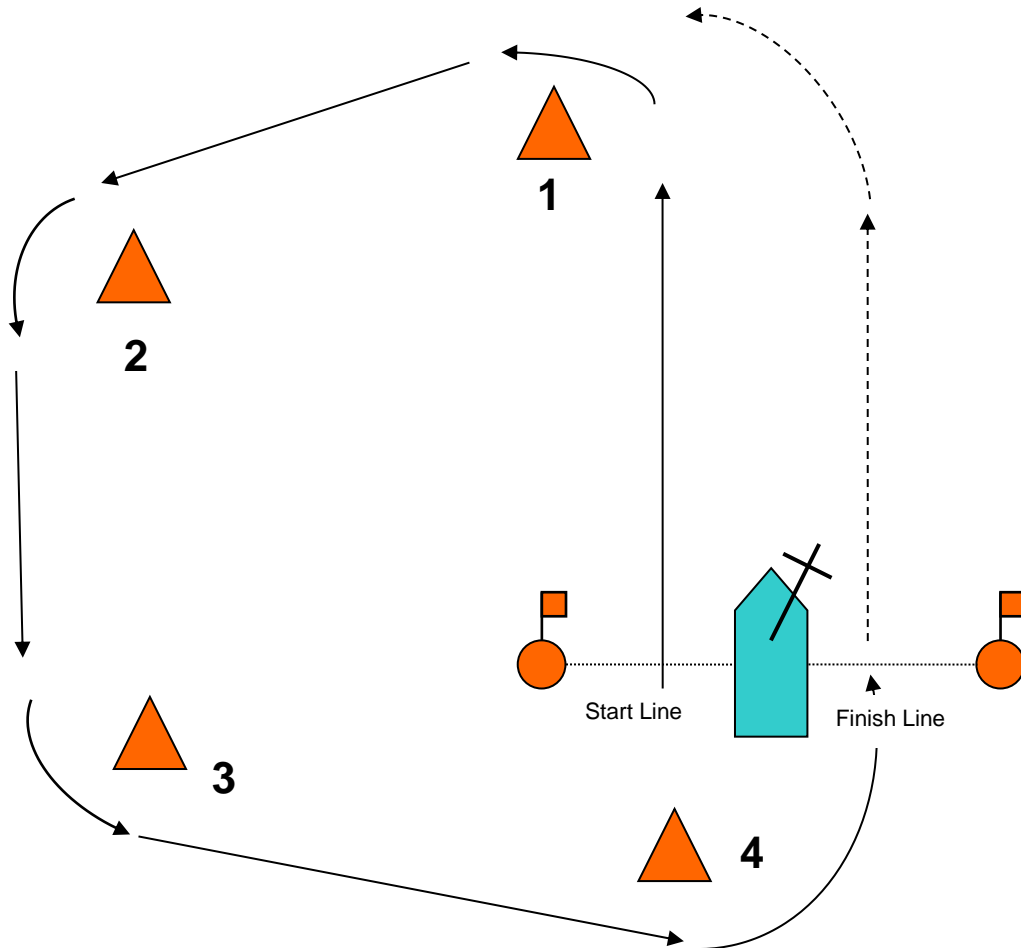
Course No. 2

Trapezoid Course

1 - 2 - 3 - 4 All Rounds

All marks to Port

Boats shall pass through the finish line on each windward leg



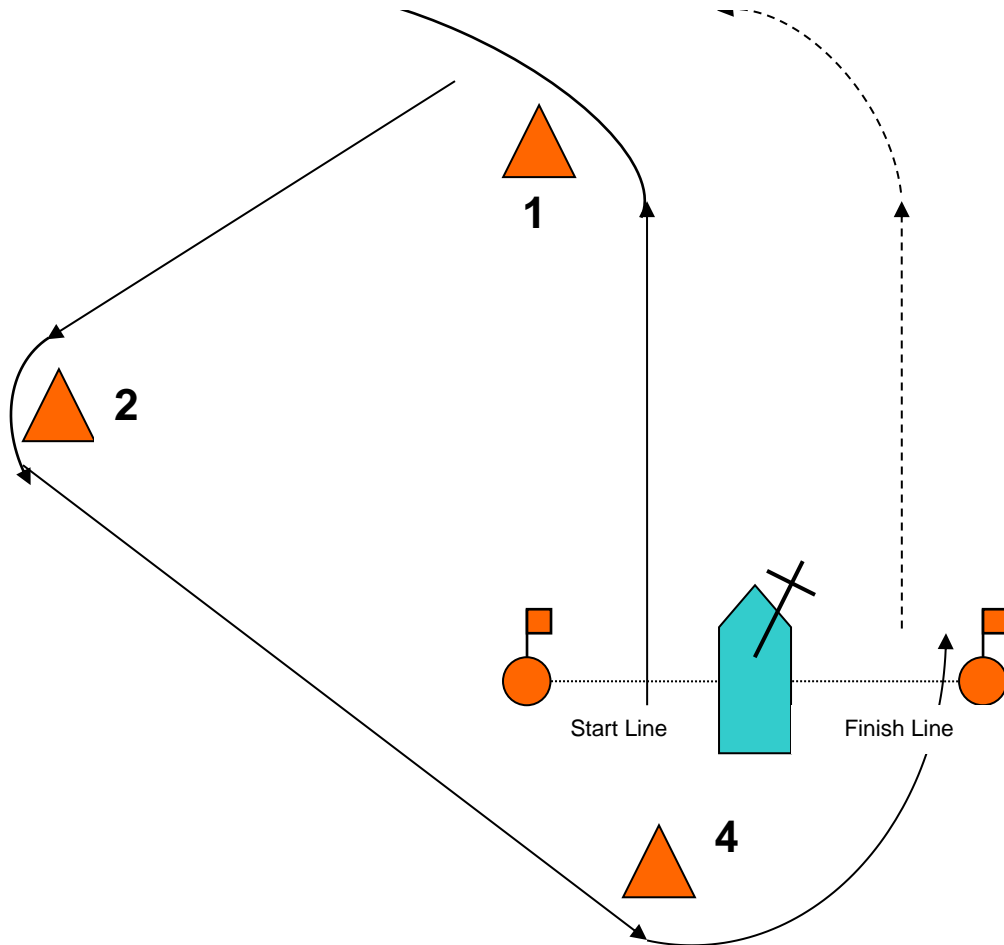
Course No. 3

Triangles

1 - 2- 4 All Rounds

All marks To Port

Boats shall pass through the finish line on each windward leg



Course – No. 4

Windward – Leeward

1 – 4 All rounds

All marks to Port

Boats shall pass through the finish line on each windward leg

