

OPEN REGATTA

Organising authority
ABERDEEN & STONEHAVEN YACHT CLUB

15th – 16th August 2026
Stonehaven, United Kingdom
SAILING INSTRUCTIONS (SIs)

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

The notation '[DP]' in a rule of the SIs means that the penalty for breaching the rule is at the discretion of the protest committee and may be less than disqualification.

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The following RRS are changed by these SIs
 - 28.1 by section 13.2
 - 35 by section 16.2
 - 40 by section 19.1
 - 60.1(a) by heading text
 - 62.1(a) by sections 12.6 and 16.4
 - A5.1 and A5.2 by sections 12.7 and 16.2
 - A10 by section 16.2

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any changes to Sailing Instructions will be posted on the Official Notice Board at least 60 minutes before the advertised starting time of the first race it will affect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the Official Notice Board.
 - a) From 15th August 2026, the Official Notice Board will be the notice board in the entrance lobby to the ASYC Clubhouse.
 - b) Prior to that date the event the Official Notice Board is online at:
<https://asyc.org.uk/regatta26>
- 3.2 There will be a competitors' briefing at approximately 11.30hrs on the Saturday in the dinghy park adjacent to the Clubhouse.

4 CODE OF CONDUCT

- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be announced verbally in the boat parks and/or on the launching beaches as applicable.
- 5.2 When racing is postponed an update board will be placed outside the clubhouse giving the earliest time of launch.
- 5.3 Boats shall not launch until verbally advised by the Beachmaster that they may do so.

6 SCHEDULE OF RACES

- 6.1 Note the start sequence will be at the discretion of the OOD and will be confirmed at the competitors briefing on Saturday 15th .

Saturday		
Race	Time	Class
Race 1	1300hrs	Skiffs
	1303hrs	RS400
	1306hrs	D-Zero
	1309hrs	Blaze
	1312hrs	RS Feva
	1315hrs	General Handicap
Race 2	ASAP after Race 1	
Race 3	ASAP after Race 2	

Sunday		
Race	Time	Class
Race 4	1100hrs	Skiffs
	1103hrs	RS400
	1106hrs	D-Zero
	1109hrs	Blaze
	1112hrs	RS Feva
	1115hrs	General Handicap
Race 5	ASAP after Race 4	
Race 6	ASAP after Race 5	If required due to fewer than 4 races on Saturday

- 6.2 A total of six races are scheduled, with a maximum of four races on either day but it may be appropriate to sail less or up to 1 more on either day to suit sailing conditions.
- 6.3 The scheduled time of the warning signal for the first race each day is 1257 on Saturday and 1057 on Sunday.
- 6.4 On the last scheduled day of racing no warning signal will be made after 1500.
- 6.5 Classes that have less than 5 entries may be amalgamated into another class and similarly, classes that have more than 5 entries may be given their own class start subject to application to and permission from the race committee.
- 6.6 The General Handicap class may be divided into a Fast Handicap class and Slow Handicap class at the discretion of the race committee.
- 6.7 Any changes to classes will be posted on the official notice board and intimated at the briefing on Saturday morning.

7 CLASS FLAGS

7.1 The class flags to be used are:

Class	Flag
Skiffs	Code Flag – C
RS400	Code Flag – V
D-Zero	Code Flag – D
Blaze	Code Flag – F
RS Feva	Code Flag – U
General Handicap	Code Flag – Q

In the event that the General Handicap class is split into Fast Handicap and Slow Handicap classes, then the class flags to be used for those classes are:

Class	Flag
Fast handicap	Code Flag – K
Slow handicap	Code Flag – T

8 RACING AREA

8.1 The racing area is Stonehaven Bay

9 COURSES

9.1 The diagram in SI Addendum A shows the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

9.2 Boats must pass through the finishing line on each upwind leg.

9.3 Skiffs and RS400 : Course 1

D-Zero, Blaze: Course 2

Feva: Course 3

General Handicap:

Race #	1	2	3	4	5	6
Course #	3	4	3	4	3	4

9.4 Number of Rounds: For all classes boats will sail the course shown until the Shorten Course Signal is given (Code flag S with appropriate class flag if required) and will finish the next time they pass through the finish line on the windward leg of the course after the signal is made. A boat that, when finished, has sailed fewer laps than other boats in her class will be given her finishing position according to the order of boats at the end of the lap on which she finished.

10 MARKS

- 10.1 Marks 1, 2 & 3 will be large ORANGE tetrahedral shaped buoys. The outer distance marks (OD) for the Start / finish lines will be yellow cylindrical buoys.
- 10.2 Marks 1a and 3a will be cylindrical orange buoys
- 10.3 "The Race Officer may lay inner course for higher PYN fleets such as Optimists or Slow Handicap. If laid the marks will be small round buoys and the course will be shown on the Committee Boat board.

11 OBSTRUCTIONS

- 11.1 The following are designated as obstructions:

There are rocks and shallows inshore near Cowie, along the central bay shore and also near the apex of the inner harbour at spring tidal conditions. Fishing nets and lobster pots are laid at random and are to be encountered anywhere within Stonehaven Bay.

12 THE START

- 12.1 Races will be started as follows:

Time (mins)	Flag	Sound
-3	• Warning displayed for first Class	1 Sound Signal
-2	• Preparatory displayed	1 Sound Signal
-1	• Preparatory removed	1 Sound Signal
0 (Class 1 start)	• First Class Flag removed; first class starts • Warning displayed for second class	1 Sound Signal
+1	• Preparatory displayed	1 Sound Signal
+2	• Preparatory removed	1 Sound Signal
+3 (Class 2 start)	• Second Class Flag removed; Second class starts • Warning displayed for third class	1 Sound Signal
+4	• Preparatory displayed	1 Sound Signal
+5	• Preparatory removed	1 Sound Signal
+6 (Class 3 start)	• Third Class Flag removed; third class starts • Warning signal for fourth class	1 Sound Signal
Etc		

Times shall be taken from the visual signals made by the Committee Boat. This changes RRS 26.

- 12.2 If it is necessary to interrupt the sequence then no flags for the next class will be displayed when the preceding class starts. A new sequence will commence with the warning one minute before the preparatory signal.

- 12.3 In the event of a general recall, the fleet recalled will have its start postponed until after the last outstanding start. The next start will not normally be interrupted by a general recall.
- 12.3 The starting line will be between the mast on the Committee boat displaying an ORANGE flag at the starboard end and the yellow flagged outer distance mark at the Port end.
- 12.4 An inner distance mark may be laid off the stern of the committee boat. Any boat passing between the inner distance mark and the committee boat after her preparatory signal will be disqualified from that race without a hearing.
- 12.5 Boats whose warning signal has not been made shall keep clear of the starting area during the starting sequence for other races.
- 12.6 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 61.4 (b) (1).
- 12.7 A boat that does not start within five minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 12.8 In a sequence of back-to-back races attention may be drawn to the fact that a starting sequence is about to begin by a series of short sound signals about 60 seconds prior to the first warning signal.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.
- 13.2 Boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes rule 28.1

14 THE FINISH

- 14.1 The finishing line will be between the mast on the Committee boat displaying an ORANGE flag at the port end and the yellow flagged outer distance mark at the starboard end.

15 NOT USED

16 TIME LIMITS [AND TARGET TIMES]

- 16.1 The Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Race Time Limit	Finishing Window
75 minutes	30 minutes

- 16.2 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.
- 16.4 Failure to meet the Target Time will not be grounds for redress. This changes RRS 61.
- 16.5 When all boats in a class are unable to complete the full number of rounds of the full or shortened course within the time limit, then the result of the race may be decided by the finishing order of the boats as they completed the previous round.

17 HEARING REQUESTS

- 17.1 The protest time limit is 30 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.
- 17.2 Hearing request forms are available from the galley in the clubhouse.
- 17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 17.4 Appendix T (Arbitration) shall apply.

18 SCORING

- 18.1 The scoring system is as follows: Appendix A (Low Point System)
- 18.2 One race is required to be completed to constitute a series.
- 18.3 (a) When fewer than four races have been completed, a boat's series score is the total of her race scores.
- (b) When four or more races have been completed, a boat's series score is the total of her race scores excluding her worst score.

19 SAFETY REGULATIONS

19.1 [DP] Personal Flotation Devices: Rule 40 applies at all times to competitors afloat.

19.2 Trolley Tags and Safety:

- a) All boats will be given a Trolley Tag at registration that must be attached to the boats launching trolley. The tag will be used to identify which boats have launched and at the end of racing have not returned to shore.
- b) A boat that retires from a race shall notify the committee boat or a safety boat as soon as possible and if returning ashore with no intention of sailing in any further races that day.

20 REPLACEMENT OF CREW OR EQUIPMENT

20.1 [DP] Substitution of competitors or equipment is not allowed without prior written approval of the race committee

21 NOT USED

22 RISK STATEMENT

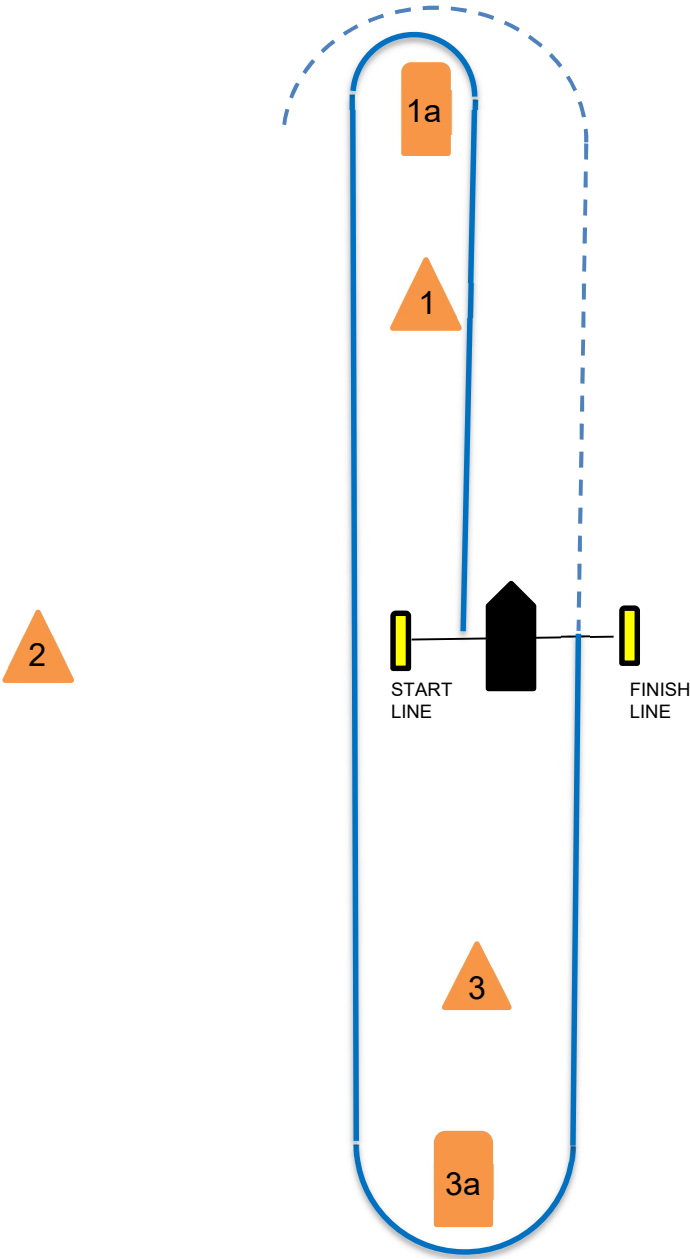
22.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.
Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

23 INSURANCE

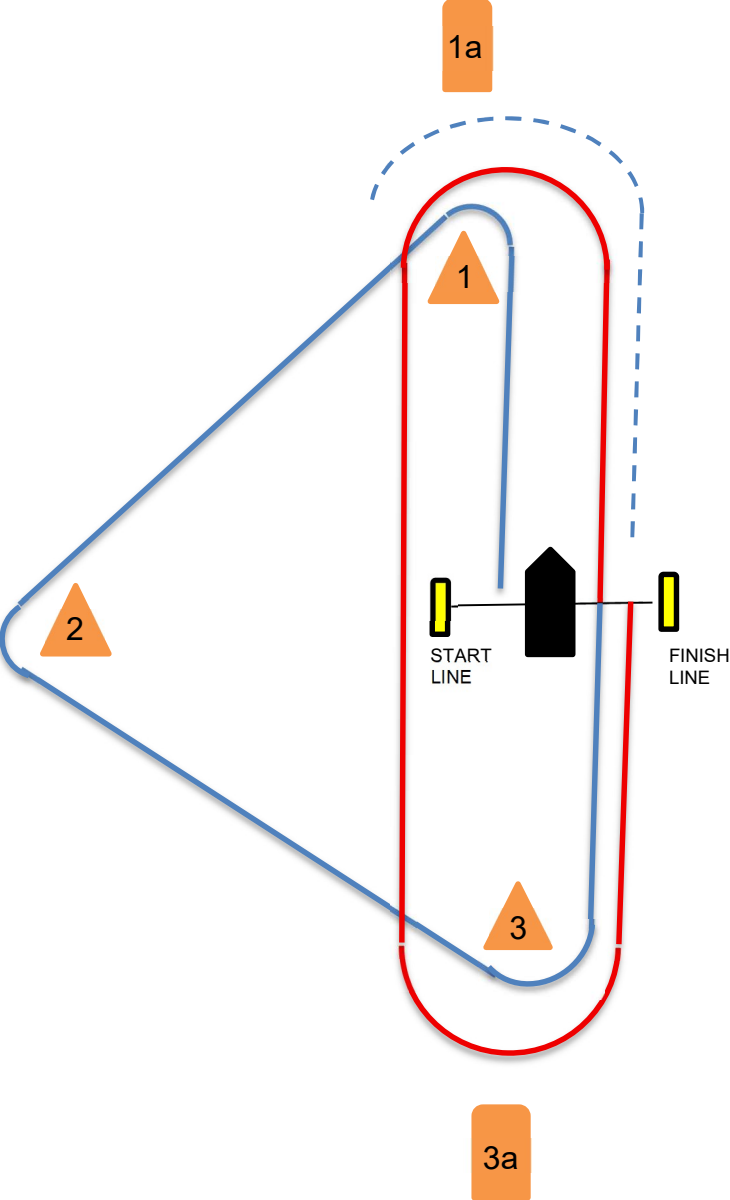
23.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3million per incident or the equivalent.

SI ADDENDUM A
Courses

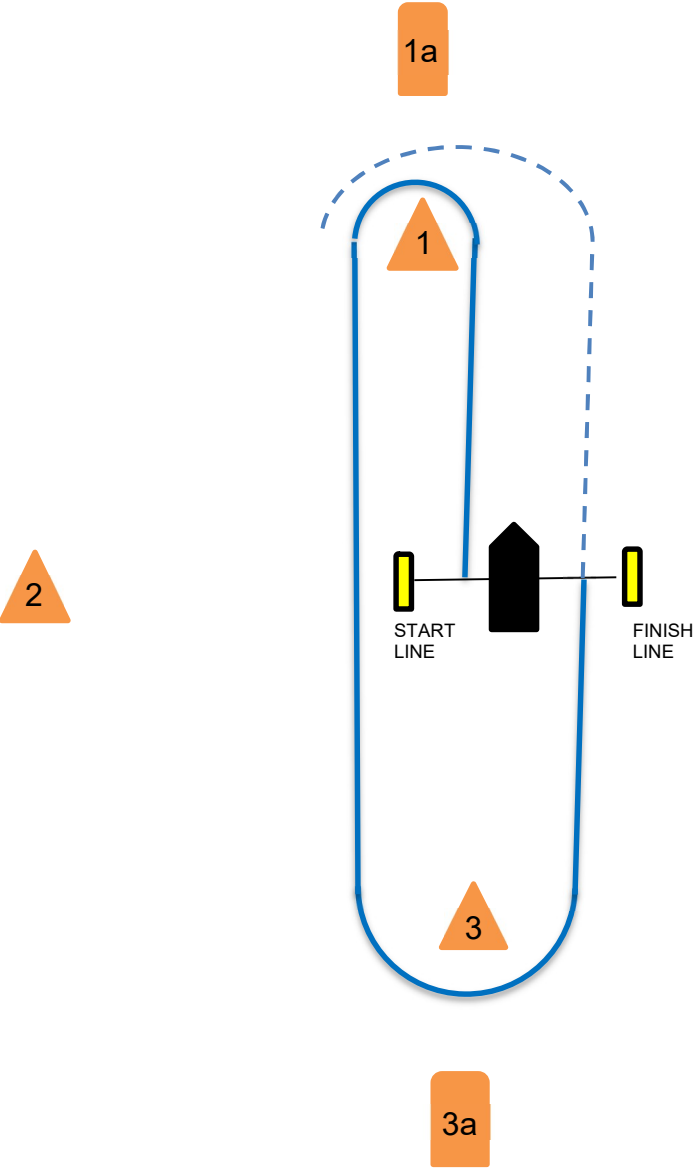
Course 1 – Outer Windward-Leeward



Course 2 – Triangle-Sausage



Course 3 – Inner Windward-Leeward



Course 4 – Triangles

